

Suzanne Kyra

M.A. / REGISTERED CLINICAL COUNSELOR / INTERNATIONAL SPEAKER & CONSULTANT

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RESPONSIBILITIES AND RELATIONSHIPS

Suzanne Kyra's mission is to help people move from disconnection to connection—with themselves, others, and the Natural World. She is expert in helping people find their true wealth in self-love and love for others. She does this by assisting them in identifying their vision, and creating and living their dreams.

A Registered Clinical Counselor with over 30 years of experience, Kyra is an international speaker, workshop leader, clinical supervisor, and consultant at Simon Fraser University Psychology Clinic in Canada, and consultant. She is the author of *Welcome Home to Yourself*, a photo journal in which she and her son, the photographer, explore the meaning of life through individual lenses. She is an expert in areas related to human behaviour, emotions, feelings, and thoughts. Her style is warm, engaging, thoughtful, humorous, and delightfully insightful. Taking her wealth of knowledge from psychology clinical research and practice, she transforms it into an immediate and fully accessible form for a broad audience.



JOIN THE “NATIONAL SEX LEAGUE!”

With sex becoming more of a sport every day, how to up your passion and open your heart when you choose the right person.

FEELING HOPELESS? Fake it and Become Magnificent!

Surround yourself with wonderful people and see life in a new light.

THIS JUST IN: We Still Don't Understand the Opposite Sex!

The most potent thing men need to know about women, and women need to know about men.

INSIDE YOU: Are You The Joker or The Batman?

How to deal with the fear that permeates society.

GUESS WHAT? Fear, Loss, and Desperation are Meaningful!!!

It is your opportunity to learn the greater lesson.



SUZANNE'S MEDIA EXPOSURE:

Suzanne Kyra's book, *Welcome Home to Yourself*, was released in September of 2008. Her early experience in theater gave Kyra a taste for the spotlight and sharing it with others. She is enthusiastically enjoying stepping into the media world of radio, TV, and print. She is a regular guest on *News for the Soul* with Nicole Whitney, and has been booked on many other radio shows. Suzanne speaks with authority and conviction. She brings warmth, disarming humor, and joy to her presentations, as well as provocative insights and wisdom. Whatever the interviewer's style, she is able to respond in a congruent manner that is also sensitive to the audience.

"Suzanne Kyra is a beam of light on the airwaves—a true interviewee for the soul." –Nicole Whitney, producer/host dubbed "Oprah of the Internet."

RESPONSIBILITIES AND RELATIONSHIPS

JOIN THE “NATIONAL SEX LEAGUE!”

- 1) Shouldn't having lots of sexual experiences enhance sexual enjoyment when you meet that “one and only”?
- 2) Doesn't practice make perfect?
- 3) What does sex have to do with love? Aren't the two of them often different?
- 4) What is the difference in having sex with a closed or open heart?

FEELING HOPELESS? Fake it and Become Magnificent!

- 1) Now come on Suzanne. Fake it and become magnificent? I thought you were all about being authentic. What's this about?
- 2) Why are so many people feeling hopeless when we have a higher standard of living than ever before?
- 3) Doesn't it take lots of therapy to make changes? Can one just decide to be different and have that happen?
- 4) What steps do we need to follow when we feel hopeless?

THIS JUST IN: We Still Don't Understand the Opposite Sex!

- 1) I'm curious. What is the most potent thing men need to know about women, and women need to know about men?
- 2) Why don't we know this crucial information?
- 3) How would this information change relationships?
- 4) Why is there so much disconnect between the sexes?

INSIDE YOU: Are You The Joker or The Batman?

- 1) Tell me about this idea: Are you the Joker or The Batman? What are you getting at?
- 2) What does this movie tell us about our society?
- 3) How can we deal with fear in our society?
- 4) Isn't there some of the Joker and The Batman in everyone?

GUESS WHAT? Fear, Loss, and Desperation are Meaningful!!!

- 1) Seriously, what causes fear?
- 2) What does fear do to us as a culture, and as individuals?
- 3) What possibly can be meaningful about fear, loss, and desperation?
- 4) How can we make our lives more meaningful?